## Coffee & Tea

<table>
<thead>
<tr>
<th>Item</th>
<th>Tall</th>
<th>Grande</th>
<th>Venti</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fresh Brewed Coffee</td>
<td>1.95</td>
<td>2.25</td>
<td>2.45</td>
</tr>
<tr>
<td>Chai Tea Latte</td>
<td>3.45</td>
<td>4.15</td>
<td>4.45</td>
</tr>
<tr>
<td>Full-Leaf Brewed Tea</td>
<td>2.25</td>
<td>2.75</td>
<td>3.25</td>
</tr>
<tr>
<td>Hot Chocolate</td>
<td>2.75</td>
<td>3.25</td>
<td>3.45</td>
</tr>
<tr>
<td>Iced Coffee</td>
<td>2.45</td>
<td>2.75</td>
<td>2.95</td>
</tr>
<tr>
<td>Shaken Iced Tea</td>
<td>2.25</td>
<td>2.75</td>
<td>3.25</td>
</tr>
<tr>
<td>Iced Tea Lemonade</td>
<td>2.95</td>
<td>3.45</td>
<td>3.95</td>
</tr>
</tbody>
</table>

### Calories
- Tall: 12 fl oz cal
- Grande: 16 fl oz cal
- Venti: 20 fl oz cal

## Blended Drinks

**Frappuccino** 4.75
- Coffee (240), Caramel (280), Mocha (290), Vanilla Bean (280), Strawberries & Creme (260)

**Smoothies** 4.25
- Raspberry (300), Mango (260)

## Customize

- Soy Milk: .60
- Flavor Shot: .50 0-20
- Espresso Shot: .80

*Before placing your order, please inform your server if a person in your party has a food allergy.*
### Espresso

<table>
<thead>
<tr>
<th></th>
<th>tall 12 fl oz cal</th>
<th>grande 16 fl oz cal</th>
<th>venti 20 fl oz cal</th>
<th>dopio</th>
</tr>
</thead>
<tbody>
<tr>
<td>Caramel Macchiato</td>
<td>3.95 190</td>
<td>4.65 250</td>
<td>4.95 310</td>
<td></td>
</tr>
<tr>
<td>Caffe Latte</td>
<td>3.25 150</td>
<td>3.95 190</td>
<td>4.25 240</td>
<td></td>
</tr>
<tr>
<td>Vanilla Latte</td>
<td>3.75 200</td>
<td>4.45 250</td>
<td>4.75 320</td>
<td></td>
</tr>
<tr>
<td>Caffe Mocha</td>
<td>3.75 230</td>
<td>4.45 290</td>
<td>4.75 380</td>
<td></td>
</tr>
<tr>
<td>Caffe Americano</td>
<td>2.25 5</td>
<td>2.95 5</td>
<td>3.25 10</td>
<td></td>
</tr>
<tr>
<td>Cappuccino</td>
<td>3.25 90</td>
<td>3.95 120</td>
<td>4.25 150</td>
<td></td>
</tr>
<tr>
<td>Espresso</td>
<td>solo 1.75 5</td>
<td></td>
<td></td>
<td>1.95 10</td>
</tr>
</tbody>
</table>

### Iced

<table>
<thead>
<tr>
<th></th>
<th>12 fl oz cal</th>
<th>16 fl oz cal</th>
<th>24 fl oz cal</th>
</tr>
</thead>
<tbody>
<tr>
<td>Iced Caramel Macchiato</td>
<td>3.95 180</td>
<td>4.65 250</td>
<td>5.25 350</td>
</tr>
<tr>
<td>Iced Caffe Latte</td>
<td>3.25 100</td>
<td>3.95 130</td>
<td>4.45 180</td>
</tr>
<tr>
<td>Iced Vanilla Latte</td>
<td>3.75 140</td>
<td>4.45 190</td>
<td>4.95 270</td>
</tr>
<tr>
<td>Iced Caffe Mocha</td>
<td>3.75 180</td>
<td>4.45 230</td>
<td>4.95 340</td>
</tr>
<tr>
<td>Iced Caffe Americano</td>
<td>2.25 5</td>
<td>2.95 5</td>
<td>3.25 10</td>
</tr>
<tr>
<td>Iced Cappuccino</td>
<td>3.25 120</td>
<td>3.95 160</td>
<td>4.45 220</td>
</tr>
</tbody>
</table>

Additional nutritional information available upon request.
2,000 calories a day is used for general nutrition advice, but calorie needs vary.
Rise & Shine
Served daily until 10:30 am

Southwest Sunrise | $4.49 (600 cal)
Egg, bacon, cheddar, peppers, tomato, onion & chipotle sauce

Bistro Wrap | $4.99 (720 cal)
Egg whites, cheddar, tomato, spinach & basil pesto

Classic Breakfast Sandwich
Egg & Cheese  $2.89 (450 cal)
Bacon, Egg & Cheese  $3.39 (530 cal)
Sausage, Egg & Cheese  $3.39 (640 cal)
Ham, Egg & Cheese  $3.39 (530 cal)

Bagel & Cream Cheese | $2.69
Serving Perfecto’s bagels & cream cheese (240-670 cal)
Plain Bagel Only $1.99  (170-380 cal)

Signature Sandwiches
Served on house made flatbread, country white or wheat with choice of kettle chips (250 cal), fruit (45-115 cal) or pasta salad (260 cal)

The River Hawk | $8.99 (840 cal)
Smoked turkey, black forest ham, provolone, bacon, lettuce, tomato & sundried tomato aioli

Chipotle Chicken | $7.69 (1020 cal)
Roasted chicken, bacon, pepper jack, lettuce, tomato & chipotle mayo

Turkey Club | $8.79 (670 cal)
Smoked turkey, bacon, lettuce, tomato, American cheese & honey mustard

Caprese | $7.69 (640 cal)
Sliced tomato, fresh mozzarella, basil & balsamic reduction

Add Ons
Cheese  $.75  (50-60 cal)
Bacon  $1.00  (120 cal)
Veggies  $.75  (0 cal)

Turkey Cuban | $8.79 (500 cal)
Smoked turkey, ham, American cheese, pickles & yellow mustard

California Turkey | $8.79 (530 cal)
Smoked turkey, bacon, guacamole, pepper jack & honey mustard

Pesto Chicken | $8.69 (820 cal)
Roasted chicken, roasted red peppers, provolone & basil pesto

Italian Chicken Panini | $7.69 (620 cal)
Grilled chicken, provolone, parmesan, basil & marinara sauce

Create a Combo
Add a Regular Fountain Beverage (0-300 cal) for $1.00

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Deli Classics
Your choice of country white, wheat or wrap.
Served with kettle chips, fruit or pasta salad

Create Your Own | $6.99
Turkey (630), Ham (670) or Roast Beef (690)
with cheese, lettuce, tomato &
mayonnaise

Tuna Melt | $7.49 (650 cal)
Tuna salad melted with swiss cheese

Chicken Salad | $6.99 (650 cal)
Chicken salad, lettuce & tomato

Hummus & Veggie Wrap | $7.49 (550 cal)
Hummus, tomato, red onion,
cucumber, red peppers, spinach & pepperoncini

Chicken Caesar Wrap | $6.89 (820 cal)
Grilled chicken, romaine,
parmesan, croutons & caesar dressing

Greek Salad Wrap | $6.99 (710 cal)
Grilled chicken, olives, feta cheese,
cucumber, spinach & Greek dressing

Sal’s Pizzas
Serves 1-2 people
Cheese $7.99 (1610 cal)
Mediterranean $10.99 (2190 cal)
Meatlovers $11.99 (2040 cal)
Buffalo Chicken $11.99 (2010 cal)
Chicken Bacon Ranch $11.99 (2090 cal)

Individual Flatbreads | $7.99
Bruschetta (600 cal) | Sweet Chili Chicken (750 cal)
Chicken Fajita (670 cal) | Buffalo Sausage (1050 cal)

Parmesan Bowls | $5.99
Meatball (690 cal)
Chicken (700 cal)
Sausage (780 cal)

Soups & Salads
Served with house-made flatbread

Southwest Cobb | $7.59 (830 cal)
Grilled chicken, black bean &
corn relish, tomato, cheddar,
guacamole, tortilla strips &
greens with chipotle ranch

Tabbouleh Salad | $7.49 (990 cal)
Hummus, tabbouleh, olives,
feta cheese, cucumbers, red
onion, tomato & spinach
vinaigrette

Soup of the Day
$3.59 12oz  $4.79 16oz

Summer Blend | $6.49 (350 cal)
Dried cranberries, Mandarin
oranges, feta cheese, almonds
& greens with raspberry
vinaigrette

Garden Salad | $5.29 (230 cal)

Caesar Salad | $5.49 (480 cal)

Crossroads Combo | $6.99
Cup of soup & half order of
sandwich or salad

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Sal’s 12” Pizzas
Serves 2-3 people

- Classic Cheese | $7.99 | 1610 cal
  Mozzarella Cheese, Marinara
  Additional Toppings $1.00

- Mediterranean | $10.99 | 2190 cal
  Baby Spinach, Tomato
  & Feta with Mozzarella,
  Olive Oil & Oregano

- Chicken Bacon Ranch | $11.99 | 2090 cal
  Grilled Chicken & Bacon
  with Cheddar, Mozzarella
  & Ranch Dressing

- Buffalo Chicken | $11.99 | 2010 cal
  Grilled Chicken with
  Blue Cheese Cheddar,
  Mozzarella & Buffalo Sauce

- Meat Lovers | $11.99 | 2040 cal
  Seasoned beef, ground
  sausage, pepperoni & bacon
  with Mozzarella

Individual Flatbreads $7.99

- Chicken Fajita | 670 cal
  Cheddar & Mozzarella Cheese,
  Fire Roasted Onions, Peppers,
  Taco Seasoned Chicken & Salsa

- Bruschetta | 600 cal
  Fresh Tomato, Basil,
  Parmesan Cheese, Garlic
  & Olive Oil Drizzle

- Sweet Chili Chicken | 750 cal
  Cheddar & Mozzarella
  Cheese, Grilled Chicken
  & Sweet Chili

- Buffalo Sausage | 1050 cal
  Cheddar & Mozzarella Cheese,
  Ground Sausage, Onions
  & Buffalo Sauce

Parmesan Bowls $5.79

Your choice of filling,
marinara & melted cheese
in a bread bowl.

- Chicken 700 cal
- Meatball 690 cal
- Sausage 780 cal

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