# SIGNATURE SANDWICHES

**California Turkey Sandwich**  
Turkey, Bacon, Avocado, Lettuce, Tomato, Cucumber & Ranch Spread (510 cal)  
$9.00

**Clubhouse Sandwich**  
Turkey, Ham, Bacon, Swiss, Lettuce, Tomato, Onion & Dijon Mayo (570 cal)  
$9.50

**Greek Veggie Ciabatta**  
Hummus, Green Olive Spread, Feta, Spinach & Cucumber (520 cal)  
$9.00

**Tuna Salad Wrap**  
Tuna Salad, Lettuce, Tomato, Onion, Cucumber, Carrot & Pesto Cream Cheese (630 cal)  
$9.00

**BBQ Chicken Ciabatta**  
Chicken, Bacon, Cheddar Cheese, Lettuce, Onion, BBQ & Ranch (470 cal)  
$9.00

**Chicken Caesar Ciabatta**  
Chicken, Provolone, Lettuce & Caesar Mayo (500 cal)  
$9.00

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2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.  
Before placing your order, please inform your server if a person in your party has a food allergy.
## CREATE YOUR OWN $9.00

### BREADS
- Wheatberry (240 cal)
- White Wrap (310 cal)
- Ciabatta (270 cal)
- Panini Bread (330 cal)

### CHEESE (CHOOSE 1)
- Provolone (50 cal)
- Cheddar (60 cal)
- Swiss (50 cal)
- Feta (90 cal)

### PROTEIN (CHOOSE 1)
- Chicken (130 cal)
- Turkey (70 cal)
- Ham (100 cal)
- Tuna Salad (130 cal)
- Hummus (100 cal)
- Bacon (100 cal)

### TOPPINGS (CHOOSE 3)
- Lettuce (0 cal)
- Tomato (0 cal)
- Onion (0 cal)
- Cucumber (0 cal)
- Carrots (0 cal)
- Spinach (0 cal)
- Avocado (50 cal)*

### SPREADS (CHOOSE 1)
- Mayo (210 cal)
- Caesar Mayo (190 cal)
- Honey Mustard (65 cal)
- Pesto Cr Cheese (95 cal)
- Dijon Mayo (170 cal)
- Ranch (70 cal)
- BBQ Sauce (30 cal)
- Green Olive Spread (75 cal)

### EXTRAS
- Chicken $2.25
- Bacon $1.25
- Protein $1.00
- Topping $0.25
- Avocado $1.00

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BUILD YOUR BOWL

$11.00

1 Start with Soba Noodles, then choose your protein, vegetables & toppings to make a one-of-a-kind creation!

2 PROTEIN select 1
   - Chicken (135 cal)
   - Pork (112 cal)
   - Tofu (45 cal)

3 VEGETABLES select 3
   - Green Bean (5 cal)
   - Bell Pepper (10 cal)
   - Carrot (3 cal)
   - Spinach (1 cal)
   - Celery (0 cal)
   - Mushroom (5 cal)

4 TOPPINGS select 3
   - Egg (70 cal)
   - Pickled Ginger (3 cal)
   - Kimchi (3 cal)
   - Scallions (5 cal)
   - Cilantro (0 cal)

5 SAUCE select 1
   - Sesame Garlic (70 cal)
   - Sweet Chili (55 cal)

6 MORE OOMPH
   - Sriracha (15 cal)
   - Chili Oil (130 cal)
   - Togarashi (0 cal)

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$10.00

1 CHOOSE YOUR MEAL
- Burrito
- Rice & Bean Bowl
- Salad Bowl
- Nacho Bowl

2 BUILD IT UP
ADD PROTEIN
- Chicken Tinga (60 cal)
- Pork Carnitas (45 cal)
- Vegan Chorizo (45 cal)

ADD TOPPINGS
- Cheddar Cheese (30 cal)
- Sour Cream (30 cal)
- Jalapenos (0 cal)
- Yellow Onion (0 cal)

3 TOP IT OFF
ADD PROTEIN
- Salsa (5 cal)
- Pico de Gallo (5 cal)

ADD
- Scallions (0 cal)
- Cilantro (0 cal)
- Hot Sauce (0 cal)

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