

Vegetarian & Vegan Dining at UML

We offer a variety of vegetarian and vegan items. Vegetarian selection may include dairy, eggs, and honey, while vegan selections are free from all animal products.

- **Vegan Breakfast** options are available daily. We offer a plant-based egg substitute, vegan sausage, and vegan cheese at our deli. We have hot and cold cereal, fresh fruit, and plant-based milk.
- **Stir-fry & Pasta Bar:** We offer a variety of plant-based proteins at our stir-fry and pasta bars. Guests can request separate cooking pans and utensils for plant-based meals.
- **Deli:** Vegan options include hummus, black bean patties, vegan cheese, roasted vegetables, and a variety of fresh vegetables.
- **Salad Bar:** Guests can find plant-based protein options on the salad bar, including tofu, chickpeas, and beans. We also offer vegan cheese, upon request.
- A variety of rice & grains are also available, plus many other vegetarian and vegan sides indicated by these symbols:

vegan



Please contact our Campus Dietitian with any questions or concerns at dietitian@uml.edu