Managing Your Food Allergies & Restrictions

VEGAN AND VEGETARIAN DINING

University Dining supports students who follow a vegan or vegetarian diet by providing information and resources that are necessary for the students to make informed food choices in all of our dining locations.

Our team provides several different options and choices daily for guests who follow a vegan or vegetarian diet.

- All dining halls have a vegan station and hot entrée, which rotates daily.
- Each day there is a vegetarian soup option at all dining halls.
- Students can learn what is exactly in all of their food made in the dining halls. The signage containing nutritional and allergen information is available at each station. Each entrée served will have a posted sign describing what the dish is and if it is vegan or vegetarian based on the ingredients.

Most importantly, we want our guests to feel comfortable and confident with their food options. If there is absolutely anything that you are unsure of, please ask! Our team will be more than willing to answer any of your dietary questions, address concerns, and accommodate requests for students who have allergies.

Please contact our Registered Dietitian Tina Fallon, MS, RD with any questions, consults, or concerns. dietitian@uml.edu